

seminar 3

A Buddhist monk in orange robes is shown in profile, pouring water from a metal bowl into a silver bowl. The background is a blurred natural setting with green foliage and a body of water. The monk's expression is focused and serene.

VEDIC CHANTING
FOR FLOW OF ENERGY

Rotterdam

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Program

VEDIC CHANTING FOR FLOW OF ENERGY

Significance facts about Rig Veda !

What is Vedic chanting - Japa !

Power of mantras and chanting

Benefits of chanting

◆◆ *Pancha Maha Yagnas*

Five great Sacrifices

◆◆ *Brahma Yagnam*

◆◆ *Sandhya Vandanam*

Vedic chanting helps balancing the seven chakras and its flow

Effects on mind concentration and learning

***The Power OF “ AUM “ chanting
- to reshape the mind
Releases the spiritual energy
into Nadis and Chakras***